SERIES 1100 MULTIPLE-CHOICE EXAMINATION QUESTIONS

You are encouraged to refer to The Addiction Professional: Manual for Counselor Competency when answering these questions. Choose the best answer based upon the information contained within the Manual. Answers which are not consistent with the information provided within the Manual will be marked incorrect. A score of 70% correct answers is required to receive course credit. GOOD LUCK!

QUESTIONS

1. Did you complete the Research Assignment for this Series?
   a. Yes.
   b. No.

2. Select the answer which reflects approximately when Buddhism began to require abstinence from alcohol:
   a. 500 BC
   b. 500 AD
   c. 700 AD
   d. 800 BC

3. Select the answer which reflects approximately when Mohammad wrote in the holy book Koran (Qur’an) concerning wine and prohibiting its use:
   a. 500 BC
   b. 500 AD
   c. 800 AD
   d. 800 BC

4. Select the year in which the Washingtonians were formed in Baltimore:
   a. 1840
   b. 1860
   c. 1880
   d. 1900

5. Select the year in which prohibition pursuant to the 18th amendment began:
   a. 1910
   b. 1912
   c. 1918
d. 1919

6. Select the year in which prohibition ended pursuant to the 21st amendment:
   a. 1918
   b. 1925
   c. 1933
   d. 1936

7. Select from the following the answer which includes three legacies of Alcoholics Anonymous:
   a. Recovery, Unity, and Service
   b. Cohesiveness, Sobriety and Service
   c. Sobriety, Awareness and Unity
   d. Unity, Brotherhood and Sobriety

8. Select the year in which the fellowship Alcoholics Anonymous was formed:
   a. 1935
   b. 1936
   c. 1937
   d. 1987

9. Select the year in which Alcoholics Anonymous is considered as “Coming of Age”:
   a. 1599
   b. 1932
   c. 1955
   d. 1999

10. Select the year in which the fellowship Narcotics Anonymous was formed:
   a. 1948
   b. 1953
   c. 1957
   d. 1989

11. Select the year in which “Algamus”, later to be called Gamblers Anonymous was formed:
   a. 1948
   b. 1953
   c. 1957
   d. 1989
12. Select the name of the bill Congress passed in 1970 addressing alcoholism as a medical condition:
   a. Hughes Act
   b. SB 38
   c. Wilson Act
   d. Proposition 36

13. Select the year in which Mothers Against Drunk Driving was founded:
   a. 1977
   b. 1980
   c. 1985
   d. 1987

14. Select the year in Mr. Marty Mann founded the National Council on Alcoholism:
   a. 1942
   b. 1944
   c. 1946
   d. 1999

15. Select the name of the first religious hospital to receive prospective members of Alcoholics Anonymous for treatment:
   a. St. Mary’s
   b. St. Thomas Hospital
   c. Silkworth Hospital
   d. Our Lady of Faith Medical Center

16. Select the city that is considered the birthplace of Alcoholics Anonymous:
   a. Akron, Ohio
   b. Cincinnati, Ohio
   c. Nashville, Tennessee
   d. Los Angeles, California

17. Select the full name of “Dr. Bob”:
   a. James Thurgood Anderson
   b. Robert Theodore Jones
   c. Samuel Robert Lawson
18. Select the date on which “Dr. Bob” died:
   a. November 16, 1950
   b. December 14, 1933
   c. November 22, 1934
   d. September 11, 1956

19. Select the name of the person considered to be “AA’s first friend of medicine:
   a. Sharon Delores Marshall
   b. Robert Lee Downs
   c. William Duncan Silkworth
   d. Samuel Todd Roberts

20. Select the answer which includes the two Traditions of Alcoholics Anonymous that promote
    anonymity:
   a. Traditions One and Two
   b. Traditions Six and Seven
   c. Traditions Ten and Eleven
   d. Traditions Eleven and Twelve

21. Select the place where wine and beer were found in the Neolithic Age:
   a. Mesopotamia
   b. Farm communities
   c. Mudbrick communities
   d. Everywhere

22. Select the name of the person who advised Timothy “no longer drink only water, but use a little
    wine for the sake of your stomach and your frequent ailments”:
   a. St. Paul
   b. St. Michael
   c. St. Christopher
   d. St. Joseph

23. Select the people that opened the first distillery on Staten Island in 1640:
   a. The Chinese
   b. The Irish
c. The Dutch
d. The Italian

24. Select the year in which England passed a law called the “Act for Repressing the Odious and Loathsome Sin of Drunkenness”:
   a. 1516
   b. 1606
   c. 1716
   d. 1860

25. Select the name of the person who founded the Women’s Christian Temperance Union in Cleveland in 1874:
   a. Sister Mary Petron
   b. Elizabeth Allen
   c. Samuel Robert Lawson
   d. Frances Willard

26. Select the year in which the National Prohibition Party was founded:
   a. 1869
   b. 1689
   c. 1986
   d. 1808

27. Select the century in which James I of Aragon issued an edict providing for hospitalization of conspicuously active drunks:
   a. 12th century
   b. 13th century
   c. 14th century
   d. 15th century

28. Select the approximate percentage of men in the United States that drink alcohol:
   a. 55%
   b. 65%
   c. 75%
   d. 85%

29. Select the approximate percentage of women in the United States that drink alcohol:
30. Select the approximate number of persons in the United States who have a drinking problem:
   a. 18.6 million
   b. 27.6 million
   c. 33.6 million
   d. 46.6 million

31. Select the approximate number of family members who are touched by alcohol problems:
   a. 14 million
   b. 39 million
   c. 57 million
   d. 80 million

32. Select the increase in mortality rate for those with alcohol dependence over that of the general population:
   a. More than 2 times
   b. More than 3 times
   c. More than 4 times
   d. More than 5 times

33. Select the name of the Swedish physician who introduced the term “alcoholism” in 1849:
   a. Herald Acke
   b. Alexandra Borghild
   c. Magnus Huss
   d. Dagmar Edvin

34. Select the term that the World Health Organization proposed in 1957 to define alcoholism:
   a. Addictive disorder
   b. Alcohol reliance
   c. Disease
   d. Alcohol dependence
35. Select the Latin root meaning “to adore or surrender oneself to a master” from which the word “addiction” is derived:
   a. Addicere
   b. Adduco
   c. Adicio
   d. Adiuvo

36. Select an original member of the Continental Congress, a signer of the Declaration of Independence, named the 1st Surgeon General of the Army:
   a. Dr. James Marshall
   b. Dr. Robert Jones
   c. Dr. Samuel Lawson
   d. Dr. Benjamin Rush

37. Select the annual per capita consumption of alcohol in the United States by 1810:
   a. 4.5 gallons
   b. 5.4 gallons
   c. 6.4 gallons
   d. 7.5 gallons

38. Select the answer that includes three core activities of the Washingtonian movement:
   a. Public confession, public commitment, economic assistance
   b. Public commitment, public interment, financial assistance
   c. Public reproach, public commitment, and religious referral
   d. Economic assistance, hospitalization, public reproach

39. Select the number of pledges signed at the height of the Washingtonian movement:
   a. 20,000
   b. 100,000
   c. 600,000
   d. 1.6 million

40. Select the answer which includes the names of three “Reform Clubs” active in the late 1800’s:
   a. Ready Reformers, Watchful Reproachers, Red Ribbon Reformers
   b. Osgood’s Reformed Drinkers Club, Reynold’s Red Ribbon Reform Clubs, Order of the Good Samaritans
c. Sisters of Mercy, Akron Reformers, Red Ribbon Reformers
d. Order of the Redeemers, Red Ribbon Reformers, Religious Reformers

41. Select the approximate number of Americans raised in alcoholic homes:
   a. 20,000 – 34,000
   b. 290,000 – 360,000
   c. 6,000,000 – 6,700,000
   d. 28,000,000 – 34,000,000

42. Select the role name for the family member that becomes adept at setting tangible goals:
   a. Acting Out Child
   b. Placater
   c. Adjuster
   d. Responsible one

43. Select the role name for the family member that is perceived as the most sensitive one:
   a. Acting Out Child
   b. Placater
   c. Adjuster
   d. Responsible one

44. Select the role name for the family member that does not attempt to prevent or alleviate any situation:
   a. Acting Out Child
   b. Placater
   c. Adjuster
   d. Responsible one

45. Select the role name for the family member that often provides distraction from the issue of alcoholism:
   a. Acting Out Child
   b. Placater
   c. Adjuster
   d. Responsible one

46. Select the answer that includes two educational needs of a family effected by chemical dependency:
a. Scapegoating techniques and family systems
b. Sources for referral and definition of disease
c. Nature of family roles and origins of problems
d. How the symptoms of the disease affect the family; and nature of alcohol/drug and problems associated with dependence

47. Select the initial focus of the counselor working with family members affected by chemical dependency:
   a. Disease assessment
   b. Family origins and roles
   c. Their own problems
   d. Societal concerns

48. Select the answer which is not a suggested method for dealing with families in the early treatment stage:
   a. Concentrate on the interaction – not on the content
   b. Watch for scapegoating
   c. Encourage social interaction
   d. Guide into problem solving techniques

49. Select the outcome theorized by Freud for persons who do not successfully complete the various stages in their development:
   a. Ostracism or incarceration
   b. Disease or addiction
   c. Role reversal or acting out
   d. Mental illness or exhibited deviant behavior

50. Select through which the “pleasure principle” is achieved according to Freud:
   a. Id
   b. Ego
   c. Superego
   d. Supernova

51. Select the term that completes this theory – “For each behavior there is a reason or ……”:
   a. Rule
   b. Rationale
c. Antecedent
d. Ancillary

52. Select the number of steps in the Twelve Steps of Alcoholics Anonymous that mention alcohol:
   a. Twelve
   b. Ten
   c. Six
   d. One

53. Select the answer which reflects the main subjects covered by the Twelve Steps of Alcoholics Anonymous:
   a. Abstinence, sobriety and recovery
   b. Behaviors, emotions and attitudes
   c. Diet, exercise and health
   d. Recovery, referral and reverence

54. Select the what you can assume about your client’s family’s restrictions and traditions where the client seems very angry but unable to show that anger:
   a. That emotions were stifled
   b. That anger was not tolerated
   c. That the father figure was dominant
   d. That the mother figure was dominant

55. Select the name of the technique that allows the client to deal with unresolved issues related to someone who can’t or won’t come to therapy:
   a. Blame Sharing Technique
   b. Recovery Therapy Technique
   c. Invisible Person Technique
   d. Empty Chair Technique

56. Select the answer that best completes this sentence – “The anxiety surrounding the issues of sexuality is often eased for some people by….”:
   a. Antidepressants
   b. Multiple partners
   c. Alcohol or drugs
   d. Abstinence
57. Select which is not a theory for the etiology of chemical dependency:
   a. Biological or genetic
   b. Psychological
   c. Socio-cultural
   d. Emotional

58. Select the answer which includes two possible dominant attitudes of the mind which Carl G. Jung believed makes up persona:
   a. Belligerent and submissive
   b. Introvert and extrovert
   c. Emotional and rational
   d. Complacent and Resistant

59. Select the answer which includes two possible dominant functions of the mind which Carl G. Jung believed makes up persona:
   a. Thinking and intuition
   b. Comprehension and understanding
   c. Remorse and reflection
   d. Description and development

60. Select the stage of development described by Erik Erikson that coincides with being 5 years old:
   a. Intimacy vs. isolation
   b. Initiative vs. guilt
   c. Identity vs. role confusion
   d. Autonomy vs. doubt

61. Select the stage of development described by Erik Erikson that coincides with early adulthood:
   a. Intimacy vs. isolation
   b. Initiative vs. guilt
   c. Identity vs. role confusion
   d. Autonomy vs. doubt

62. Select the stage of development described by Erik Erikson that coincides with adolescence:
   a. Intimacy vs. isolation
   b. Initiative vs. guilt
c. Identity vs. role confusion

d. Autonomy vs. doubt

63. Select what the letter “S” stands for in the Myers-Briggs Type Indicator:

a. Sobriety
b. Self-expression
c. Sensory
d. Subliminal

64. Select which describes the “SPs” grouping of personality types:

a. Analytical, systematic, abstract, theoretical, intellectual
b. Adaptable, artistic, athletic, aware of reality, open minded
c. Conservative, stable, consistent, routinized, sensible, factual
d. Humane, sympathetic, enthusiastic, religious, creative

65. Select which describes the “SJ’s” grouping of personality types:

a. Analytical, systematic, abstract, theoretical, intellectual
b. Adaptable, artistic, athletic, aware of reality, open minded
c. Conservative, stable, consistent, routinized, sensible, factual
d. Humane, sympathetic, enthusiastic, religious, creative

66. Select which describes the “NFs” grouping of personality types:

a. Analytical, systematic, abstract, theoretical, intellectual
b. Adaptable, artistic, athletic, aware of reality, open minded
c. Conservative, stable, consistent, routinized, sensible, factual
d. Humane, sympathetic, enthusiastic, religious, creative

67. Select which describes the “NTs” grouping of personality types:

a. Analytical, systematic, abstract, theoretical, intellectual
b. Adaptable, artistic, athletic, aware of reality, open minded
c. Conservative, stable, consistent, routinized, sensible, factual
d. Humane, sympathetic, enthusiastic, religious, creative

68. Select when “community happens” according to author M. Scott Peck in his book The Different Drum:

a. A marriage takes place
b. A need or crisis arises
c. A group of culturally similar people gather

d. A neighborhood develops

69. Select the method by which the “rigid” family promotes unity of belonging:

   a. Separateness
   b. Sameness
   c. Freedom
   d. Isolation

70. Select the answer which describes what the “diffused” family does to its members:

   a. Maintains closeness
   b. Promotes unity of belonging
   c. Isolates members from family and family from society
   d. Promotes discussion

71. Select what Hippocrates believed was the basis for four basic personality types:

   a. Body types
   b. Attitudes
   c. Drive for superiority
   d. Elemental body fluids

72. Select the meaning of the word “bigotry”:

   a. The status of belonging to a particular nation by origin, birth or naturalization.
   b. A less numerous party or group amount a more numerous.
   c. Stubborn and complete intolerance of any creed, belief or opinion that differs from one’s own.
   d. A particular inclination which prevents unprejudiced consideration of a question or position.

73. Select the meaning of the word “nationality”:

   a. The status of belonging to a particular nation by origin, birth or naturalization.
   b. A less numerous party or group amount a more numerous.
   c. Stubborn and complete intolerance of any creed, belief or opinion that differs from one’s own.
   d. A particular inclination which prevents unprejudiced consideration of a question or position.
74. Select the meaning of the word “bias”:
   a. The status of belonging to a particular nation by origin, birth or naturalization.
   b. A less numerous party or group amount a more numerous.
   c. Stubborn and complete intolerance of any creed, belief or opinion that differs from one’s own.
   d. A particular inclination which prevents unprejudiced consideration of a question or position.

75. Select the meaning of the word “minority”:
   a. The status of belonging to a particular nation by origin, birth or naturalization.
   b. A less numerous party or group among a more numerous.
   c. Stubborn and complete intolerance of any creed, belief or opinion that differs from one’s own.
   d. A particular inclination which prevents unprejudiced consideration of a question or position.